Leonardo EURACT Course
Level 3
FOR TRAINERS IN FAMILY MEDICINE

Part I – Opening Session: 14th October 2017, Malta
Part II – Reviewing Session: 29th and 30th June 2018, Thessaloniki, Greece

Level 3
From Proficient to Expert
BACKGROUND

EURACT has been providing teaching courses for several years and developed the Level 1, 2 and 3 courses for trainers in Family Medicine.

It has become apparent that there is a need to unite current knowledge of GP/FM training, current approaches and existing expertise, through developing a new high quality conceptual framework in Europe. This framework in future would be expected to guide the development of GP/FM educators and set the basic standards for training the trainers at different levels and should provide a sustainable background for the harmonization of GP/FM training throughout Europe.

The framework is based on an expertise model for general practice teachers, with the aim of facilitating progression from novice to expert by targeted courses.
WHAT IS THE LEVEL 3 PROGRAMME?

It is a programme designed to help develop proficient educators (e.g. university lecturers, training programme organisers, experienced trainers) to the level of the educational expert, with the capability of developing their own educational expertise and providing skills training for future GP teachers. Those who progress to this highest level will be tasked with maintaining a European teaching skills programme, and ensuring that it is cascaded beyond the original partner organizations to other European countries. The methods used in this project will promote a common European approach and a harmonised delivery of the GP training curriculum. During the programme participants will work with their peers from other European countries and gain an understanding of the advantages of such a common European approach. Programme members will need the support of an academic institution and will need to have an identified educational supervisor.

THE PROGRAMME STRUCTURE

The programme is structured in the same way as a Masters module, with the majority of the time spent in self-directed study, with three days of course work over two parts separated by several months.

A. **Pre-course work:***
   1. Develop a Personal Development Plan as a teacher; discuss with supervisor.
   2. Carry out a learning needs analysis of the GP educators in their own programme/region/country.
   3. Prioritise learning needs that have been identified and reflect on what educational interventions are needed.
   4. Familiarise themselves with the course materials for the Level 2 and Level 1 courses.

B. **Study Day 1 (14th October 2017, Malta):***
   1. Introduction to the programme, presentations.
   2. Small group work to identify concrete plans for the project.
   3. Develop and share revised personal learning plans.
   4. Identify “Buddy”/co-mentor.
C. **Personal work between study days:**
1. Meet supervisor at least monthly.
2. Keep learning log.
3. Prepare concrete plans for educational intervention(s).
4. Prepare course materials, including a literature review.
5. Regular contact with “buddy”.

D. **Study Days 2 and 3 (29th – 30th June 2018, Thessaloniki Greece):**
1. Present plans to group for feedback.
2. Small group work on developing an educational framework.
3. Prepare finite plans for delivery of individual modules revised as necessary.
4. Large group discussion on preparing implementation plans.
5. Publication and promulgation (including WONCA conference).
6. Developing a network.

E. **Final phase**
1. Deliver course.
2. Submit a written report of the whole process (8000 words).

**HOW WAS THE PROGRAMME DEVELOPED?**

The programme was developed by a small working group in EURACT, and then subjected to critical review by EURACT Council.

The members of the development group were Dr Egle Zebiene, Professor Igor Svab, and Professor Justin Allen. The first Level 3 course was originated in Portugal and was held between December 2011 and June 2012. This will now be the second Level 3 course to be organised and will be hosted between two countries. The first part of the course will be held in Malta on the 14th October 2017, while the second part will be held in Thessaloniki, Greece on the 29th and 30th June 2018.
THE PROGRAMME FACULTY

Professor Justin Allen: former President EURACT, member of the RCGP Curriculum Development Group (United Kingdom)

Dr Jo Buchanan: President EURACT (United Kingdom)

Dr Renzo De Gabriele: Primary Health Care Department, Malta

Professor Roar Maagaard: Danish College of General Practitioners

Professor Igor Svab: Past President WONCA Europe (Slovenia)

Dr Dimitrios Karanasios: Hippocrates - Association of General Practice / Family Medicine of Greece

Professor Adam Windak: College of Family Physicians in Poland

LOCAL ORGANISERS

Malta - Dr Renzo De Gabriele: Primary Health Care Department, Malta

Greece - Dr Dimitrios Karanasios: Hippocrates - Association of General Practice / Family Medicine of Greece

CRITERIA FOR APPLICANTS

To be successful an applicant must satisfy a number of conditions. These are:

<table>
<thead>
<tr>
<th>Essential</th>
<th>Desirable</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Has support from an academic institution (e.g. college or GP association, or university department).</td>
<td>1. Has experience as a teacher in GP education.</td>
</tr>
<tr>
<td>2. Identify an educational supervisor for the programme.</td>
<td>2. Be personally committed to develop as an expert teacher.</td>
</tr>
<tr>
<td>3. Be fluent in spoken and written English.</td>
<td>3. Be able to devote sufficient time to the programme.</td>
</tr>
<tr>
<td>4. Be a proficient EURACT Level 2 GP trainer or equivalent (detailed CV to be sent together with the application).</td>
<td>4. Has carried out academic work in the past, such as educational research.</td>
</tr>
<tr>
<td></td>
<td>5. Has participated in basic or advanced teaching skills courses.</td>
</tr>
<tr>
<td></td>
<td>6. Has previous experience in international activities.</td>
</tr>
</tbody>
</table>
IDENTIFYING AN EDUCATIONAL SUPERVISOR

Supervisors should be prepared to support the activity of participating doctors through reviewing and criticizing their work, providing feedback, advice and support. They will need to meet once during the pre-course period (A), monthly during the inter-course work (C) and once during the final phase (E). They would normally be a senior expert in GP education based in the academic institution of the applicant, and should be appointed in conjunction with the representative of the partner institution, who will be responsible for notifying the project secretariat the details of the supervisor, and that they have agreed to accept this role.

ORGANIZATIONAL INFORMATION

Participants should take special note of the pre-course work, described above, which is required before the first meeting. This is very important in ensuring your success on the programme, as your work will form the basis of the study day.

Study Days will take place as follows:

<table>
<thead>
<tr>
<th>Study Days</th>
<th>1</th>
<th>2-3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date and Place</td>
<td>14th October 2017 (St. Julian’s, Malta)</td>
<td>29th and 30th June 2018 (Thessaloniki, Greece)</td>
</tr>
<tr>
<td>Participants’ Accommodation</td>
<td>Golden Tulip Vivaldi, St. Julian’s (around €110 per night for a single room on bed and breakfast basis)</td>
<td>Mediterranean Palace Hotel, Thessaloniki (around €100 per night for a single room on bed and breakfast basis)</td>
</tr>
</tbody>
</table>

Course fee for the entire course is €800. This will include tuition, course materials, lunch, dinner and social programme for the entire duration of the study days.

LANGUAGE

The whole course will be held in English. All teaching materials will be provided in English.
PARTICIPANTS

Only a limited number of places are available. Applicants should send their Registration Form together with their Curriculum Vitae to the local organiser in Malta. The organisers will confirm acceptance of the candidate within 15 working days and will send him/her an invoice that is to be paid within 10 working days. If payment is not received within the stipulated timeframe, the applicant would be considered as having lost interest in the course, and the organisers will cancel the application.

EURACT will be sponsoring 8 places. The costs of the accommodation and meals for five nights (13th till 15th October, and 29th June to 1st July) will be covered by the organisers and no course fee will be required. Sponsored participants will however be obliged to pay their travel costs. All other non-sponsored places will have to cover all expenses. Enrolment for sponsored places will be announced by EURACT and the process will be governed by EURACT’s Member Service Committee.

Participants are expected to make all the arrangements concerning travel and airport transfers. Detailed information about travel between the airport and the course venue will be sent to accepted participants prior to the course.

Malta – 14th October 2017

Malta, officially known as the Republic of Malta, is a Southern European island country consisting of an archipelago in the Mediterranean Sea. The country covers just over 316 km² with a population of just under 450,000. The capital of Malta is Valletta, which at 0.8 km², is the smallest national capital in the European Union. Malta has two official languages which are Maltese and English.

Malta’s location has historically given it great strategic importance as a naval base, and a succession of powers, including the Phoenicians, Romans, Moors, Normans, Sicilians, Spanish, Knights of St. John, French and British, have ruled the islands. In 1964, Malta obtained its independence and became a republic in 1974. Malta joined the European Union in 2004 and became part of the Euro Zone in 2008.

Malta is a popular tourist destination with its warm climate, numerous recreational areas, and architectural and historical monuments, including three UNESCO World Heritage Sites: Ħal Saflieni Hypogeum, Valletta, and seven Megalithic Temples, which are some of the oldest free-standing structures in the world.
Thessaloniki, Greece – 29th to 30th June 2018

Thessaloniki is the second-largest city in Greece. It is Greece’s second major economic, industrial, commercial and political centre, and a major transportation hub for the rest of south-eastern Europe. The city is renowned for its festivals, events and vibrant cultural life in general, and is considered to be Greece's cultural capital.

Thessaloniki is home to numerous notable Byzantine monuments, including the Paleochristian and Byzantine monuments of Thessaloniki, a UNESCO World Heritage Site, as well as several Roman, Ottoman and Sephardic Jewish structures. The city's main university, Aristotle University, is the largest in Greece and the Balkans.

<table>
<thead>
<tr>
<th><strong>Partner’s Institution</strong></th>
<th><strong>Representative</strong></th>
</tr>
</thead>
</table>
| European Academy of Teachers in General Practice and Family Medicine (EURACT) | Dr Jo Buchanan  
jo.buchanan@nhs.net |
| Hippocrates - Association of General Practice / Family Medicine of Greece | Dr Dimitrios Karanasios  
dimkargp@otenet.gr |
| Primary Health Care Department - Malta | Dr Renzo De Gabriele  
renzodegabriele@gmail.com |
REGISTRATION FORM

Please send to the following address:

Dr Renzo De Gabriele  
Primary Health Care Department  
7, Harper Lane, Floriana FRN1940, Malta  
Tel: +356 25576106  
Or by email: maria.d.muscat@gov.mt

Name:   ___________________________________________  
Surname:  _________________________________________  
Nationality:  _____________________________________  
Professional title:  ______________________________  
Address:   ________________________________________  
Country:   _______________________________________  
Email:    _________________________________________  
Telephone:  ______________________  Mobile:________  

Curriculum Vitae attached:   Yes ☐  No ☐  
Signature:  _______________________________________  
Date:   _________________________________________

Registration for the course should be sent until 31\textsuperscript{st} March 2017.

For any additional questions please contact:

Dr Renzo De Gabriele  
Primary Health Care Department  
7 Harper Lane, Floriana FRN1940, Malta  
Email: renzodegabriele@gmail.com  
Tel: +356 25576106