PREPARING PRIMARY CARE for the GREY EPIDEMIC

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A Proposition for A COLLABORATIVE PROJECT Within EURACT

- A Training the Trainers Course
  - International (English speaking) initially to be reproduced later locally [Leonardo I style]
- A combination of a 4 day course and Distance / E-Learning
BACKGROUND

Deep roots - EURACT collaboration
Belfrail study in Leuven 2008 (JD)
Crystal study in SPb 2008 (EF + JD)
- Geriatrics + EAMA (GCS)

Many GP do not know how to take care of the elderly

Frailty: an unknown subject for GP
Small research within EURACT and literature search: do not kill the granny!

Few know how to teach geriatric
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CONTENT of the COURSE

- Main Characteristics of the Elder Individual
- Frailty
- Comprehensive Geriatric Assessment
- Planning Personalized Interventions for the Community-Dwelling Elderly
- Management of Dementia
- Management and Prevention of Depression
- Management of Delirium and Confusion
- Management and Prevention of Polypharmacy
- Prevention and Management of Falls