Reform of VT in GP
new curriculum

A. Symeonidis
President of ‘HIPPOCRATES’
Director of Health Centre of N. Michaniona
Coordinator of VT in Central Makedonia Region
Task force working groups

Ministry of Health

- Who office
  Prof. F. Carelli
  Prof. R. Kalda
  Prof. Z. Klemenc-Ketis

- Prof. C. Lionis
  Dr. A. Symeonidis
  Dr. S. Skliros
  As.Prof. M.Smyrnakis
  As.Prof. A. Tatsioni

- KESY (Central Health Council)
  Prof. C. Lionis,
  Assoc. Prof. E. Smyrnakis
  Assoc. Prof. A. Tatsioni,
  Prof. A. Benos
  Assoc. Prof. M. Doumas,
  Assoc. Prof. A. Tsapas,
  Dr. A. Symeonidis,
  Dr. E. Drosos,
  Dr. E. Thiraios,
  Dr. P. Perdikaki,
  Dr. E. Symboulakis,
  Dr. G. Mantzouranis,
  Dr. S. Galanis,
  Dr. N. Papanikolaou
Content

• 5 years VT scheme
  o PHC : Health Centre, TOMY
  o Hospital
  o University
  o Emergency service

• According to EU directive
  o Following a 6 years medical studies
  o Minimum duration of 3 years
  o Minimum of 50% spent in PHC settings
  o Supervised by GP tutors
## Duration in EU

<table>
<thead>
<tr>
<th>European country</th>
<th>Total duration (years)</th>
<th>Duration in GP setting</th>
<th>Duration in hospital</th>
</tr>
</thead>
<tbody>
<tr>
<td>Finland</td>
<td>6</td>
<td>4-6</td>
<td>0-2</td>
</tr>
<tr>
<td>Norway</td>
<td>5</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Sweden</td>
<td>5</td>
<td>2.5 - 3.5</td>
<td>1.5 – 2.5</td>
</tr>
<tr>
<td>Slovakia</td>
<td>5</td>
<td>1 - 2</td>
<td>3 - 4</td>
</tr>
<tr>
<td>Ireland</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Poland</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Portugal</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>U.K.</td>
<td>3</td>
<td>1.5</td>
<td>1.5</td>
</tr>
</tbody>
</table>
## Program Structure

<table>
<thead>
<tr>
<th></th>
<th>Health Centre</th>
<th>Hospital</th>
<th>University</th>
<th>Emergencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Year</td>
<td>3</td>
<td>7</td>
<td>1 month</td>
<td>1 month</td>
</tr>
<tr>
<td>2nd Year</td>
<td>3</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3rd Year</td>
<td>3</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4th Year</td>
<td>3</td>
<td>8</td>
<td>1 month</td>
<td></td>
</tr>
<tr>
<td>5th Year</td>
<td>12</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>total</td>
<td>24 months</td>
<td>33 months</td>
<td>2 months</td>
<td>1 month</td>
</tr>
</tbody>
</table>
Training program

- Internal medicine sector: 16 months
- Surgical sector: 8 months
- Mother-child sector: 4 months
- Mental health sector: 3 months
- Lab sector: 2 months
- PHC sector: 27 months
Internal medicine sector

16 months

• 10ms internal medicine
  - Focus to patients with multi morbitidy and chronic diseases like COPD, hypertension, DM, CHD, thyroid disease, HF, RF, musculoskeletal disorders, and in common acute situations and emergencies including infectious diseases.

• 6 ms
  - Clinical training in management of common health situation, acute and chronic diseases, in various clinics like cardiovascular, respiratory, dermatology, neurology
Surgical sector

8 months

- 3 ms
  - Management of common surgical cases, basics on antisepsis, minor surgery (sewing of small wounds)

- 5 ms
  - Management of common acute and chronic diseases, problems and situations of sense organs, urinary tract, musculo skeletal system
Mother-child sector

4 months

- 3ms pediatrics
  - Management of common situation of health and diseases of childhood and adolescent including growth, nutrition disorders, behavior dis., cardiovascular, respi., digestive, urinary, musculoskeletal diseases, infectious and allergic diseases

- 1ms obstetrics – gynecology
  - Delivery room – emergency dpt, principles of prenatal tests, pregnancy, eclampsia, prevention of cervical and breast cancer
Mental health sector

3 months

• Management of common acute and chronic mental disorders including depression, anxiety, psychosis, and dementia.

• Prevention and management of psychosocial syndrome, alcoholism, drug addiction, and social rehabilitation.
Lab sector

2 months

• Training in objectives of medical imaging and microbiology-hematology
PHC sector

27 months

- 1 m seminar Introduction in PHC and GP
- 1 m training in pre hospital emergency medicine
- 1 m training in rehabilitation
- 27 ms in PHC settings
  - Prevention, diagnosis, treatment and rehabilitation of common acute and chronic diseases and management of undifferentiated and unclear situations, provision of care in emergencies, designing and development of individualised and general programs of prevention and promotion of health, provision of home care, of terminal care
Coordination structure

- Central Health Council
  - Working group (set the framework, evaluate, assess)

- Regional Coordinator (13 regions)
  - Gen. Coordinator of the Region
    - Nominates a Tutor in every training hospital
    - Nominates a Mentor for every two trainees attached to him/her
    - Together they design the trainee’s rotation
    - Nominates a Trainer at every department or lab of the hospital(s)
    - Together with tutor they organise training program and lessons and formative assessment of the trainee (tailor made)
    - Certifies the completion of the training
Thank you for your attention