EURACT Leonardo course for trainers in Family medicine

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Objectives

• Introduction
• Leonardo EURACT Course 1, 2 and 3
• Where is Macedonia?
Introduction

• To foster and maintain **high standards of care** in European general practice / family medicine by promoting the discipline by learning and teaching.

• **Educational Agenda, 2005** which is a blueprint for a common European curriculum based on the common competencies
Introduction

EURACT developed a number of courses to help promote the further professional development of those practicing GPs:

• Bled course (23 international course – Teaching and learning about the scope and limits of general practice)
• Assessment Course
• Leonardo course for trainers in Family Medicine
Introduction

- GP office
- hospitals, specialist clinics, emergency services or social care institutions
- University departments of family medicine
<table>
<thead>
<tr>
<th>Level</th>
<th>Knowledge</th>
<th>Standard of Work</th>
<th>Autonomy</th>
<th>Coping with Complexity</th>
<th>Perception of Context</th>
</tr>
</thead>
<tbody>
<tr>
<td>NOVICE</td>
<td>Minimal or &quot;text-book&quot; knowledge without connecting it to practice.</td>
<td>Unlikely to be satisfactory unless closely supervised.</td>
<td>Needs close supervision or instruction.</td>
<td>Little or no conception of dealing with complexity.</td>
<td>Tends to see action in isolation.</td>
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<tr>
<td>COMPETENT</td>
<td>Good working and background knowledge of area of practice.</td>
<td>Fit for purpose though may lack refinement.</td>
<td>Able to achieve most tasks using own judgement.</td>
<td>Copes with complex situations through deliberate analysis and planning.</td>
<td>Sees actions at least partly in terms of longer terms goals.</td>
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<tr>
<td>PROFICIENT</td>
<td>Depth of understanding of discipline and area of practice.</td>
<td>Fully acceptable standard achieved routinely.</td>
<td>Able to take full responsibility for own work (and that of others where applicable).</td>
<td>Deals with complex situations holistically, decision-making more confident.</td>
<td>Sees overall ‘picture’ and how individual actions fit within it.</td>
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<tr>
<td>EXPERT</td>
<td>Authoritative knowledge of discipline and deep tacit understanding across area of practice.</td>
<td>Excellence achieved with relative ease.</td>
<td>Able to take responsibility for going beyond existing standards and creating own interpretations.</td>
<td>Holistic grasp of complex situations, moves between intuitive and analytical approaches with ease.</td>
<td>Sees overall ‘picture’ and alternative approaches; vision of what may be possible.</td>
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</tbody>
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How?

- Icebreaker
- Small group working
- Buzz groups
- Role plays
- Trio exercise
- Pair discussion
- Presentations
- Feedback
- Debriefing
Authors of Leonardo course

• Justin Allen, Honorary Professor of Family Medicine, De Montfort University, Leicester, Past-President of EURACT (United Kingdom)
• Roger Price, FRCGP, Leicestershire UK Deputy GP Dean, NHS East Midlands, Former UK EURACT Council member, (United Kingdom)
• Athanasios Simeonidis, Honorary Secretary of Greek Association of General Practitioners, Thessaloniki (Greece)
• Igor Svab Prof. of Family Medicine, Past-President of WONCA Europe, Head of Family Medicine Department, Ljubljana Medical School (Slovenia)
• Adam Windak, Prof. of Family Medicine, Head of the Department of Family Medicine at Jagiellonian University Medical College, Polish EURACT Council member (Poland)

This proved to be very efficient, the course has been run several times internationally on a European level, and there have been large numbers of in-country courses across Europe with more than 1,500 GP trainers having participated.
Leonardo EURACT Level 1

- Practice based teaching
- 6 modules (3 hour) – 3 days
- Course materials
- Minimum PPP and lot of small group teaching
- Reflection on methods
- Aim: competent teacher

1. Good educator
2. Educational theories and theory of evaluation
3. Educational methods and feedback
4. Learning styles and Personal learning plan
5. Learning through Role play
6. How to create educational plan for trainee

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Leonardo EURACT Level 2

- Participated in a Level 1 course or its equivalent
- Actively involved in GP teaching
- 3 days - 4 modules
- Aim: proficient teacher

1. Small Groups Leadership and Facilitation
2. Managing Problem Trainees
3. Teaching from the Consultation
4. Curriculum to Programme
Small Groups Leadership and Facilitation

- Understand the **concept** of small group, its tasks and aims;
- Know **principles** of small group functioning and stages of its dynamic
- Know the **problems** that may occur in groups and possible reasons, solutions to them
- Understand basic principles and **tasks** of small group leadership
- Have gained an understanding of small group **facilitation**, its principles
- Been able to **practice skills** in this area in a supportive environment.

Managing Problem Trainees

- Have experienced a number of small group **learning methods**
- Know the **obstacles** to learning that may present to them as teachers
- Understand the need for accurate and appropriate **assessment** of these.
- Understand their role as teachers in **helping learners with difficulties**.
- Have gained an understanding of and practiced some **techniques for dealing with problem learners** in a supportive environment.
- Understand their own **continuing learning needs in this area**
Leonardo level 2

Teaching from the Consultation

• To explain the principles of teaching from the consultation
• To explore the different teaching aims from a consultation
• To explain the teaching methods in consultation and their limitations
• To describe and test different methods of assessing a consultation
• To explore the different practical problems encountered in organizing teaching from a consultation

Curriculum to Programme

• To promote reflection by the participants on their learning needs around the use of the curriculum.
• To facilitate participants’ understanding of the terminology concerning curriculum.
• To be able to convert learning experiences as a teacher into learning outcomes.
• To understand how the curriculum can be applied directly in teaching general practice
• To develop two teaching packages based on the EURACT curriculum (The Educational Agenda), one based on a patient experience and one on a particular domain
• To experience and practice a variety of teaching methods
Level 3 programme

• The Level 3 programme is a larger undertaking with pre course work, a study day followed by personal study and preparation for a final 2-day meeting.

• How to teach future professor – expert
Level 3 programme

• Participants are expected to produce a written assignment, to deliver their proposed education package, and seek publication.

• They will be invited to develop new modules for future Level 2 courses and to act as Faculty for the delivery of their materials.
In order to successfully move along the trajectory from novice to expert, GP teachers must incorporate their learning into their practice as a teacher, and gain experience through “learning by doing”, incorporating and integrating their experiences as a teacher with the learning experiences that they may meet during their career.

They should gain knowledge and skills through special educational interventions like courses, seminars, conferences or self-education and reflection. Naturally this theoretical background must be enriched by the experiences collected in various teaching environments.
Continuity

- Introductory course
  - Applying acquired knowledge, building on it
- Advanced courses, literature, experience
  - Self-directed learning based on perceived individual needs
- Supervised masterclass project
  - Reflection further development

EDUCATIONAL EXPERTISE

NOVICE

WORK UNDER CLOSE SUPERVISION

- Competent
- Proficient
- Expert

GOING BEYOND EXISTING STANDARDS AND CREATING OWN INTERPRETATIONS

FULL RESPONSIBILITY FOR OWN WORK

COMPLETING TASKS BASED ON OWN JUDGEMENT

24.04.2014
Where is Macedonia?

1999 – Train the trainers
• 3 months training of educators/ mentors and teachers (UK consultants)

2010 (Slovenia consultants)
• 6 days workshop - Train the trainers
Where is Macedonia?

Leonardo course 1
- Krakov 21-23.03.2013
- 3 educators
- Berovo 21-23.03.2014
- 23 participants

Leonardo course 2
- Skopje 3-6.04.2014
- 26 participants
- 5 from Macedonia

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Thanks!

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