

# **PREPARING PRIMARY CARE for the GREY EPIDEMIC**

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# **A Proposition for A COLLABORATIVE PROJECT Within EURACT**

- A Training the Trainers Course**
- International (English speaking) initially  
to be reproduced later locally  
[Leonardo I style]**
- A combination of a 4 day course and  
Distance / E-Learning**

# BACKGROUND

Deep roots - EURACT collaboration

Belfrail study in Leuven 2008 (JD)

Crystal study in SPb 2008 (EF + JD)

- Geriatrics + EAMA (GCS)

Many GP do not know how to take care of the elderly

Frailty: an unknown subject for GP

Small research within EURACT and

literature search: do not kill the granny!

Few know how to teach geriatric

# PREPARING PRIMARY CARE for the GREY EPIDEMIC

## CONTENT of the COURSE

- Main Characteristics of the Elder Individual
- Frailty
- Comprehensive Geriatric Assessment
- Planning Personalized Interventions for the Community-Dwelling Elderly
- Management of Dementia
- Management and Prevention of Depression
- Management of Delirium and Confusion
- Management and Prevention of Polypharmacy
- Prevention and Management of Falls