

EURACT

MESSENGER



Council Meeting Budapest, 7–9 April 2016



EURACT Conference: Educating Doctors for General Practice / Family Medicine 2.0

EURACT's Educational conference is the first of its kind, designed to specifically address the needs of all of those involved in educating doctors in the Specialty of General Practice/Family Medicine across Basic Medical Education, Postgraduate Training and Continuing Medical Education.

Our aim is to create an exciting conference, bringing together educators and researchers from approximately 30 European countries to exchange knowledge and ideas and to encourage collaboration.

Our keynote speakers have been selected to inspire and guide our journey through this exciting conference. Professor Amanda Howe, UK, will speak on 'What is the future of General Practice/Family Medicine and how do we prepare and educate doctors for it?' Professor Mette Brekke, Norway, will speak about "Building a strong foundation for the future: quality General Practice/Family Medicine education in medical schools". Professor Igor Svab, Slovenia, will close the conference with a review of the development of Family Medicine in eastern Europe.

We are adding a new dimension to our conference with night-time networking opportunities on

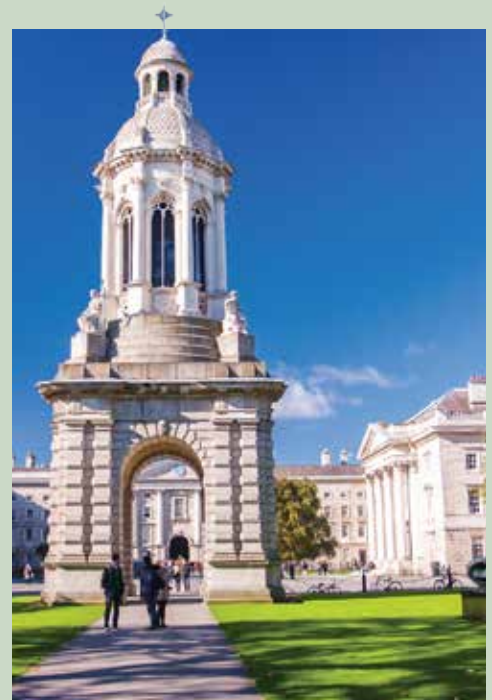
the 8th and 9th September. We will arrange fun, informal networking opportunities in a number of local venues to facilitate developing great connections. This format has been used to great effect by such outstanding conferences as the Web Summit, held in Dublin for the last number of years!

We are excited to announce that we intend live-streaming from the conference, with keynote addresses, workshops and oral presentations being broadcast live using all the latest social media channels such as Facebook and Periscope; so if you cannot join us in person you can catch up with the action!

Early bird registration will close on 31st May 2016. Interested registrants are invited to register in advance of this to avail of the discounted price of €150 for EURACT and ICGP Members and €195 for non-EURACT members. From the 1st June registration fees will go up to €175 for EURACT and ICGP Members and €250 for non-EURACT members. Do not miss the chance to register at the early bird rate!

<http://www.euractdublin2016.org>

Jo Buchanan
president of EURACT



Member Services Committee

THE FOLLOWING ITEMS WERE DISCUSSED:

- Non-appearing countries: France, Cyprus and Iceland.
- Organization in collaboration with EURACT membership.
- Level 1 International Course 2015, Georgia: Very successful (27 participants from 11 different countries).
- Wonca Europe 2015 – Istanbul.
- Messenger (2 issues in a year).

To do:

- Wonca Europe 2016 – Copenhagen: small booth with a poster and leaflets of the Dublin Conference; leaflets of appraisal e-portfolio, level 2 Estonia, level 1 Greece and level 3 Greece + Malta.
- Questionnaire to each Council member – detailed information about all editions of the several EURACT courses held in their country / by their country members – put on website.

- Honorary membership (review bylaws).
- Dublin Conference – September 2016: following our fall meeting; each member should attract at least 2 participants.
- Bled Course – September 2016 (5 sponsored places – deadline 31 May).
- Level 2 Estonia – October 2016 (12 sponsored places – deadline 31 May).
- Level 1 Greece – May 2017 (12 sponsored places – deadline 30 September).
- Level 3 Malta + Greece: Part 1 – October 2017 in Malta; Part 2 – June 2018 in Greece; 8 sponsored places; 7 to 10 paying participants. GP teacher appraisal e-portfolio
- Each Council member should manage the translation of materials and do it themselves - publicise it among other GPs.

Denise Alexandra Cunha Velho
Chair, representative of Portugal

Specialist Training Committee

During the committee session we decided to hold three workshops for Dublin:

1. Working in learning groups;
2. Selection procedures;
3. Recruitment and remote areas.

Updating the specialist training database on the website is very hard. We would like to ask the EURACT administrative secretary Barbara to send us a reminder every year before a meeting, including the log in code or how to get it.

The survey on selection procedures is almost ready, but still some results are missing and some have doubtful validity.

Nele Michels, the representative of Belgium, will be the new chair. She will coordinate, the others will work!

Nynke Sherpbier-de Haan
*Temporary Chair,
representative of the Netherlands*

CME/CPD Committee

New members in the committee: Jo Buchanan, Nino Kiknadze, Ljiljana Cvejanov Kezunović, Elena Andreeva, Pavlo Kolesnyk

The following topics were discussed:

1. The history and past activities of the CPD/CME committee
2. Information about the dynamic interactive database of CPD/CME: each country representative in EURACT is responsible to complete and update data for his/her country on the relevant webpage.
3. Workshops in WONCA conference, both were accepted by the Danish scientific committee:
 - Multimorbidity in family practice – educational needs
 - Learning needs for cultural competence, so to better understand the role of General Practice in the care for migrant groups
4. Dublin conference: 2 abstracts were discussed for submission:
 - Empowering doctors / patients with technologies / IT
 - How to deal with preconceptions in the GP office - crosscultural health care.

This workshop would include content derived from the WONCA workshop “Learning needs for cultural competence, so to better understand the role of General Practice in the care for migrant groups” and could focus on practical exercises about how to recognise your own, your patient’s, your colleagues’ prejudices, how to face demonstration of intolerance, how to be aware of your unconscious expectations

5. Future tasks:
 - Cooperation between EURACT and EQUiP in the field of teaching quality improvement
 - Possible new topic: Doctors’ well being - how to treat doctors.
 - New WONCA Conference - Prague 2017 is coming, we are supposed to prepare some new workshops

Jachym Bednar
*Chair of the committee,
representative of the Czech Republic*

Basic Medical Education Committee

Natalia Zarbailova gave an overview of the current state of the paper the BME Committee had been working upon ‘**Strengthening/empowering GP/FM as a medical speciality around Europe**’. Stefan Wilm and Natalia will write a first draft of the article focusing on the most interesting findings and circulate it to the members.

The BME workshop in Dublin: title will be ‘**Be part of the solution: tackling the challenge of teaching the minimal core curriculum to**

medical students’. The committee discussed the process of the workshop: this would need to be flexible depending on the number. Each participant would individually select a topic, and groups are then formed accordingly. A facilitator would be in each group, ensuring compliance with a timeframe for discussion. An electronic template or a flipchart with questions could be prepared, asking participants about their individual experience regarding which topic, why that topic, who

should teach it, and how, where and when it should be taught.

Possible topics for the future were also discussed:

- Ideas from the Dublin workshop
- Faculty development: who do we need to teach our students
- eLearning in BME in family medicine

Mario R Sammut
rapporteur, representative of Malta

Educational Resources

Although the Task Group consists of people with much interest in the topic, few have experience in using E-tools in their teaching and almost none are experienced in developing new E-material.

What should the Task Force develop?

1. learning modules on topics specific to FM
 - non-clinical material;
 - modules based on Minimal Core Curriculum of EURACT.
2. educational material on how to create E-Learning material, that should be interactive and allowing group activity (forum, virtual classroom, lectures with audience response systems) in order to keep the benefits of sharing, such as in traditional small group teaching.
3. a bank of links to existing online resources, including
 - relevant content material;
 - links to other medical education sites.

For this purpose we need to recruit additional EURACT council members with experience in developing E-teaching materials. Connection with the CPD/CME committee concerning existing E-modules and with the Website Task group, as

well as technical support for the development of E-material, is important.

We selected 5 topics from Minimum Core Curriculum to be transformed from traditional courses/workshop/seminars to E-teaching material, by content expert teachers from the task force:

1. Introduction to FM/GP as a specific medical discipline. Principles of Family Medicine: Continuity, comprehensiveness, coordination of care, *by Nino Kiknadze*;
2. Holistic approach. Bio-psycho-social model, *by Elena Andreeva, Natalia Zarbailov, Esra Saatci, Francesco Carelli*;
3. Decision making based on prevalence and incidence of target, *by Helena Karppinen*;
4. Community orientation; community centred care; community needs assessment, *by Nynke Scherpbier-deHaan, Francesco Carelli*
5. Interface of primary and secondary care: Referrals, gate keeping, advocacy, *by Nynke Scherpbier-deHaan, Francesco Carelli*.

Martine Granek-Catarivas
Chair, representative of Israel

Appraisal Task Group

The Appraisal Project: First successful application at the expert level

Congratulations to Niels Kristian Kjær from Denmark for successfully completing the appraisal portfolio and being the first doctor to be recognised by EURACT as an Expert Teacher in Family Medicine Education.

The appraisal task group spent time in small groups developing their appraisal skills and also explored how to comply with the requirements for certain evidence statements.

Currently the project partners are acting as appraisers. Council members are encouraged to complete the portfolio and will be able to act as appraisers after successful completion. Several countries have expressed an interest in translating the portfolio for use at the competent level in their country. The next stage is to encourage more people to complete their submissions.

A workshop to promote this project is planned for the Dublin conference.

Jo Buchanan
Chair, representative of the UK

Framework for Continuing
Educational Development of Trainers
in General Practice in Europe





Leonardo EURACT course level 2 for trainers in Family Medicine

level 2



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competent

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www.leonardo2.eu

A visit to Ukraine

Following the EURACT council meeting in Budapest, I travelled to Uzghorod in the Ukraine with Pavlo Kolesnyk, at the invitation of Professor Ivan Chohey where I spoke at a national Conference of Family Doctors on the development of FM in Europe. I was able to spend a day prior to the conference visiting local family practices with Pavlo and I attended a CME course, which Pavlo was delivering on the management of chronic pain. I spoke to the 60 GPs at this course about General Practice in the UK. At the end of my talk one of the participants said 'I wish we could swap our problems for yours'. As I found out more about the Ukraine I completely understood this comment.

Ukraine is a country with serious economic problems and a limited health service and no health insurance. Visits to GPs are free but medication and investigations have to be paid for. Provision of secondary care is patchy and care for a limited range of conditions such as diabetes, TB and HIV are provided free of charge through vertical programmes, with the inevitable problems that that causes.

There is a problem with vaccine supply throughout the country and the clinics I visited had had no vaccinations for several months. Last year there were two cases of polio in Ukraine and multiple drug resistant TB is common.

GPs in the Ukraine are paid 60 Euros per month, this forcing them to take other work to survive. Understandably medical migration is a significant problem.

Pavlo has formed a charity with friends in the USA and Netherlands to help develop GP centres in Uzghorod and his well-equipped and attractive clinic had clearly benefitted from this. He was being creative in the way he delivered care to patients and was able to offer point of care lab tests for a range of investigations at much lower cost to the patient than going to the laboratory.

I was made extremely welcome in Uzghorod and was humbled by the way in which people were endeavoring to improve the care offered to patients in very difficult circumstances.

Jo Buchanan
EURACT president

**VENIJA CEROVECKI
CROATIA**

My name is Venija Cerovecki. I am a PhD graduate, an Assistant Professor at the Department of Family Medicine, School of Medicine, University of Zagreb and a practicing family physician at Zagreb-Centar Health Center. I am the current Head of the Department of Family Medicine. At Zagreb School of Medicine I teach at several graduate and postgraduate courses and am a mentor in specialty training for Family Medicine. The areas of my scientific interest include medical education and quality assurance in family medicine. I am intensively involved in the process of developing a portfolio in undergraduate and postgraduate medical education.



**ELENA ANDREEVA,
RUSSIA**

My name is Elena Andreeva and recently I was selected as the new representative Council Member for Russia. I studied medicine in Arkhangelsk, finished my thesis in 2002 and became an associate professor of the department of family medicine in Northern State Medical University. Since 2011, I have been also a PhD student of the UCL (Belgium). Being involved in lots of family medicine international projects I am an active member of the regional GP association and also in tutorship programs as a responsible person for GP continual professional development in my region. I am the happy mother of a daughter aged 17 years.



**RADMILA RISTOVSKA,
FYR MACEDONIA**

Work and live in Skopje, R. Macedonia.

Working in private practice as a selected doctor, contracted with the HIF with a list of patients, mostly adults.

In the field of education actively

involved since 2001 with a contract with Ministry of Health as a national CME educator. Since 2009, when the department of family medicine was established within the Medical Faculty in Skopje, actively involved in the process of education (undergraduate and postgraduate) as an educator, mentor and teacher. Also involved in CME activities, preparing and conducting different work-shops, modules, presentations etc.

Clinical skills teacher, preparing and conducting OSCE exam, within the specialist exam of family physicians.

Since 2014 president and one of the founders of Association of family physicians – Respiratory group, member of the International Primary Care Respiratory Group.

**NINO KIKNADZE,
GEORGIA**

I'm honored to be the EURACT representative from Georgia. I'm thankful to the previous representative Professor Givi Javashvili for all the work he did.

I'm Associate Professor in the FM department, Tbilisi State Medical University. We are providing 3 modules for students of I, II and VI year, as well as vocational training and CME. My favorite field in teaching is Medical Humanities.

As a GP and Deputy Clinical Director in JSC "CURATIO", I'm often involved in conflict resolution in my institution. I have realized that communication skills are crucial for the patient's satisfaction.

Looking forward to future interesting meetings,
Nino Kiknadze



**PAVLO KOLESNYK,
UKRAINE**

My practice as a Family Doctor and as a Trainer of Family Doctors started more than 11 years ago from the zero point of this new branch of medicine for our country. Since that time, Family Medicine practice became very popular among the residents of my town due to my activities in the town clinic of Family Medicine. Besides, due to my activities it became a Training Centre for Family Doctors. I've started scientific research about development of Family Medicine in post-soviet countries. In 2013 the Training Center of Family Medicine was opened in the Postgraduate Institute. I became a head of the Training Center for training of FM residents and doctors on retraining courses.



**HELENA KARPPINEN,
FINLAND**

Once upon a time a young physician (1992) with three children could not imagine the range of opportunities as a generalist. Coaching for various competencies is my aim as a university lecturer (2009-) among medical students in Helsinki, and among colleagues in vocational or specialty training in Espoo health center (2006-). A new curriculum in medical faculty has given me the possibility to connect other disciplines to work and teach together, in order to foster competencies needed in primary health care. However, my most favorite topics in teaching, research and private life are geriatric: empowering older people, and becoming a grandmother in July.

It's a privilege to be in the EURACT council. I want to do my best as a constructive collaborator.

